

*A taste
of Greek
Living*



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A curated journey of wellness, experiences and island living

At Golden Milos Beach House by Domotel, every moment is designed to connect you with the essence of Milos. From mindful wellness rituals to authentic local experiences, discover a stay shaped by simplicity, nature, and refined Cycladic hospitality.

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Wellness Rituals



Reconnect, restore, and rebalance through curated wellness experiences offered within the hotel's serene surroundings, where movement and mindfulness meet the Aegean.

Sunrise Flow | Awakening by the Aegean

A gentle yet energizing morning yoga flow designed to awaken the body, improve circulation, and set a calm, focused tone for the day. The session concludes with a seated meditation facing the sea, inviting a moment of stillness and gratitude. Suitable for all levels.

Breath & Balance | Nervous System Reset

A grounding session combining conscious breathing with slow, therapeutic movements to release stress, regulate the nervous system, and restore emotional balance. Ideal for guests who feel tired, tense, or mentally overloaded.

Mindful Mobility | Functional Body Flow

A modern, joint-friendly class designed to improve posture, mobility, and everyday strength. Ideal for guests of all ages and fitness levels.

Deep Rest | Sunset Meditation Ritual

A deeply relaxing meditation experience that includes guided visualization, breath awareness, and body-based relaxation techniques, enhanced using sound bowls. Designed to help guests unwind, improve sleep, and reconnect with a sense of inner calm.

Ocean Grounding | Beach Meditation & Breath

A guided barefoot walking meditation by the sea, combined with grounding breath practices and silent reflection. A calming yet uplifting experience that sets a balanced tone for the weekend.

Release & Restore | Fascia & Gentle Flow

A deeply therapeutic slow-flow session focused on fascia release, long-held gentle stretches, and conscious breathing. Designed to release tension caused by travel, stress, and prolonged sitting.

Reset & Realign | Integrative Yoga Experience

A balanced session blending mindful movement, breathwork, and closing relaxation, designed to realign the body and reset intention before departure.

Massage by the Pool

A soothing massage experience in a tranquil poolside setting, where gentle techniques and natural surroundings promote deep relaxation. Designed to release tension, restore balance, and enhance overall well-being.

Embrace a balanced approach to Wellness through movement, mindfulness and the healing power of touch.

Signature Experiences

Discover authentic in-house experiences shaped by local tradition and the rhythm of island life, all thoughtfully curated within the hotel environment.



Sunrise Coffee Ritual | Greek Awakening

Start your day in front of the beach with traditional Greek coffee prepared on hot sand, served with loukoumi, Greek delight. A simple ritual rooted in nature and local culture.

Wood Oven Meze | Fire & Tradition

Enjoy Greek small plates prepared in a wood-fired oven, paired with olives and raki. A warm, shared experience inspired by local flavors and tradition.

Wine Tasting | Discover the Greek Terroir

Explore carefully selected Greek wines paired with local bites. A sensory journey through the flavors and character of the region.

Chef's Table | A Shared Greek Table

Join an intimate dining experience where stories, techniques, and flavors come together. A convivial moment inspired by the spirit of sharing

Cinema Under the Stars | Open-Air Evenings

As night falls, unwind with an open-air cinema experience beneath the island's sky. Soft seating, sea breeze, and curated films create a relaxed island evening.

Wellness Massage Sessions | Restore & Rebalance

Experience personalized massage treatments by a skilled therapist, designed to relax the body and restore inner balance. Set in a tranquil environment, each session blends expert techniques with the calming essence of the island.

Gastronomy

Savor a refined culinary journey within the hotel's surroundings, where Greek flavors and creative techniques come together in a relaxed seaside setting.



MILISIO

RAW
IS ON
FIRE

Milisio offers a contemporary dining experience where seasonal ingredients and local heritage take center stage. Inspired by the flavors of Milos and the Mediterranean, each dish blends tradition with creativity. The experience is complemented by curated wines, signature and low ABV cocktails, and a relaxed seaside ambiance.



Set on a magnificent, organized sandy beach with golden sand and crystal blue waters, the Salty Goat Beach Club offers sunbeds and curated dining options throughout the day. This beach is ready to welcome all who wish to find tranquility in a specially designed area just a step away from the sea.

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The Spirit of Milos



Experience the island beyond the expected through moments that reveal its rhythm, natural beauty, and cultural depth.

Island Highlights

Discover the most iconic landmarks of Milos, from the lunar landscape of Sarakiniko to the timeless beauty of the Venus of Milos. Explore the Ancient Theater, the Catacombs, the Sulfur Mines, the Mining Museum, and the Archaeological Museum, each telling a unique story of the island's rich heritage.

Boat Cruises

Explore Milos with half-day or full-day cruises, available as private or semi-private experiences. Choose between morning departures or sunset sailings to discover hidden caves, crystal waters, and secluded beaches.

Geological Tour

Uncover the fascinating geological identity of Milos, shaped by volcanic activity over millions of years. Explore rare rock formations, colorful coastlines, and landscapes unlike anywhere else in the Cyclades.

Photo Tour

Capture the essence of Milos through a curated island exploration designed for photography lovers. Discover hidden spots, dramatic scenery, and authentic moments guided by local insight.

Pottery Experience | Home of Clay

Connect with the island's long-standing ceramic tradition at the "Home of Clay." Shape, create, and experience the art of pottery in an authentic and hands-on setting.

Wine Tasting | Konstantakis Milos Winery

Discover the distinctive character of local wines at Konstantakis Milos Winery. A guided tasting experience that highlights the island's terroir and winemaking heritage.

Cheese Tasting | Haralambakis Artisan Creamery

Enjoy a curated tasting of local cheeses crafted by the Mallis family, in Haralambakis Creamery. Discover the richness of Milos' dairy tradition through flavors rooted in the island.

Wooden Creations | Zoulias Wood Creations

Explore the craftsmanship of Zoulias Wood Creations, where tradition meets creativity. Discover unique handmade wooden pieces of art inspired by local culture and natural materials.

Cooking Classes | Alevromilos (Chef Vassilis Papikinos)

Join a hands-on cooking class at Alevromilos with Chef Vassilis Papikinos and explore authentic Greek recipes. A flavorful experience that brings local ingredients, tradition, and storytelling together.

Our team is always available to guide you through your experience and help you discover the hidden gems of Milos.

Every day
is a celebration
of life



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